Youth Sub-Committee Meeting

November 21, 2005 1:00 – 4:00 p.m. Lancaster Extension Office

Facilitator: Kate Speck

Members Present

Alice Drake	Jerry Davis	Vicky Weisz
Reece Peterson	Todd Reckling	Susan Adams
Roxie Cillessen	David Cygan	Ardi Korver
Judith Vohland	Jill Schubauer	Pat Lopez
Mark DeKraai	Ruth Henrichs	Eve Bleyhl

Also attending: Jonah Deppe

A. Susan Adams: Family Organizations

We originally thought about having different family organizations come in and talk about their organizations. This may not be the right time, and the committee decided to hold off for now as we are just not sure that directly feeds into what we need. Everyone supports having families come in at some time.

B. Jill Schubauer: Presentation on Professional Partner Program

Please see attached documents

Notes on the presentation:

- Case rate: Certain amount allotted for each child for each month. Region III
 receives 58 slots at \$700 per youth/month. That is how much they get for a
 budget. If the allotment is not used, it is returned to the state the average is
 \$700. Some youths needs cost more, and some less, this money pays for therapy,
 family therapy, and other services. The money is also able to be used for mentors,
 tutors, community activities, etc.
- 2. Wraparound Need to focus on supports that will continue. This program focuses on what will the family do when "we are gone" so a dependence is not fostered.
- 3. The policy is not to kick youth out if they are not working, rather they try to brainstorm other ways to get things to work.
- 4. If a family can help pay for the flexible supports they will try to get them to pay, which gives them some ownership and makes them less dependent.
- 5. Mental Health referrals are made because the needs of the patient are greater than the case manager can provide. At times therapists continue to provide outpatient therapy but if there is a need more services, some call Professional Partner Program. The idea is that there is a need for a team for everything to be

- successful, and there is a need a coordinator of the services. Everyone has a small piece, must get people actively involved.
- 6. School and mental health are starting to come together to build a team that wasn't always there.
- 7. Age of referral is about the same, but presenting problems have changed. Youth who internalize seems to be up as well as suicide and self-harm. ADHD seems high...possibly because it is an easy diagnosis.
- 8. Outcome based is what we are doing, what we are supposed to be doing assess achievement goals. Goals are assessed on a weekly, monthly, 6-month basis.

C. Jill Schubauer: Early Intensive Care

Please see attached documents

Notes on the presentation:

- 1. Length of stay 90-120 days in the program
- 2. If they need more, they are referred on to other services

D. Todd Reckling: State Ward Data

Todd presented follow up data from his original presentation.

Discussion that followed:

- 1. The older you tack on the services, the less chance of success for the youth.
- 2. Perception of mental health-have to be a state ward to get services
- 3. Intensive case management has some great outcomes
- 4. Ideally we would want to show longitudinally that services help youth

E. Look at recommendation of expanding the range of services

For services, we want to redefine the services. It is not just prevention, it needs to include intervention. Our focus is state wards so we need to identify prevention and intervention strategies of state wards. It will require a strong system of care that can help everyone.

There are two streams of funding:

- 1. Federal grant that was prevention and early intervention
- 2. Free up the current dollars and keep that money available to serve youths. Use more effectively the dollars for the youth and not to develop new care.

We need a pilot and longitudinal studies along with funding that would look at why kids are in the system.

We need to look at the Professional Partners data research. The research looked at one region vs. another. It can give us clues as to what programs and techniques are successful.

Also need education for judges and figure out how to make services available without making the kids state wards

Information for the next meeting:

Sue: State ward data Jill: Comparison data

Roxie: RTC population data

Next meeting:

Monday, December 12, 2005 1-4 p.m. Lancaster Extension